Macrolide Esterase-producing Escherichia coli Clinically Isolated in Japan

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Current Japanese clinical practice involves the usage of large amounts of new macrolides such as clarithromycin and roxithromycin for the treatment of diffuse panbronchiolitis, *Helicobacter pylori* and *Mycobacterium avium* complex infections. In this study, the phenotypes, genotypes, and macrolide resistance mechanisms of macrolide-inactivating *Escherichia coli* recovered in Japan from 1996 to 1997, were investigated.

The isolation rate of erythromycin A highly-resistant E. coli (MIC $\geq 1600 \,\mu\text{g/ml}$) in Japan slightly increased from 0.5% in 1986 to 1.2% in 1997. In six macrolide-resistant strains, recovered from the strains collected for this study during 1996 to 1997, the inactivation of macrolide could be detected with or without added ATP in the assay system. The appearance of erythromycin A-inactivating enzyme independent of ATP was novel from Japanese isolates, and the ¹H NMR spectra of oleandomycin hydrolyzed by the three ATP-independent isolates were examined. It was clearly shown that the lactone ring at the position of C-13 was cleaved as 13-H signal in aglycon of oleandomycin upper shifted. These results suggested the first detection of macrolide-lactone ring-hydrolase from clinical isolates in Japan. These results suggested the first detection of an ATP-independent macrolide-hydrolyzing enzyme from Japanese clinical isolates. Substrate specificity of the macrolide-hydrolyzing enzyme was determined with twelve macrolides including the newer members of this group and it was found that not only erythromycin A but also the new macrolides, such as clarithromycin, roxithromycin, and azithromycin were inactivated. The NMR data, broad spectrum of activity, and independence of co-enzyme supported our naming of the enzyme as a macrolide esterase. PCR methodology was employed to detect an *ereB*-like gene from the 3 isolates producing macrolide esterase, and one of these was subsequently shown to contain both ereB-like and ermB-like genes. It was also clearly shown that the other three isolates, which inactivated macrolide in the presence of ATP, had an mphA-like gene.

Macrolide antibiotics are mainly active against Grampositive bacteria such as *Staphylococcus aureus*. Acquired resistance to macrolide antibiotics has been extensively studied in these bacteria and is generally due to N⁶dimethylation of a specific adenine residue in 23S rRNA^{1,2)}.

Members of the family Enterobacteriaceae, like most Gram-negative organisms, are intrinsically resistant to low levels of erythromycin A, probably by efflux pumps³⁾. However, higher local antibiotic concentrations of 0.5 to 6 mg/g of feces are obtained in the lumen of the intestinal tract after oral absorption of usually recommended therapeutic doses. Enterobacteriaceae highly resistant to erythromycin A (MIC, >500 μ g/ml) can be isolated, after

oral administration of the $drug^{4}$.

Recently, pathogenic, opportunistic, normal flora bacteria, or an antibiotic-producing species resistant to erythromycin A were classified against rRNA methylase genes, efflux and inactivating genes²⁾. Most of the strains were isolated from feces or blood cultures during selective digestive tract decontamination with erythromycin A in neutropenic patients. The strains inactivate the 14membered macrolides by producing erythromycin esterases^{5,6)} or macrolide 2'-phosphotransferase I^{7,8)}. The 16-membered ring macrolides are efficiently utilized as substrates by only macrolide 2'-phosphotransferase II^{9,10)}.

Macrolide 2'-phosphotransferase [MPH (2')] I was

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discovered in Japan⁷⁾, and erythromycin esterase $I^{5)}$, erythromycin esterase $II^{6)}$, and MPH (2') $II^{9)}$ were reported from clinical isolates in France. Until now lactone-ring hydrolases such as erythromycin esterase, had not yet been discovered in any other country²⁾.

In Europe, macrolide antibiotics are prescribed for the prevention of infection by Gram-negative bacteria such as the prophylaxis of septicemia in immuno-compromised patients and the prevention of traveler's diarrhea. It was reported that about 50% of highly macrolide-resistant strains recovered from patients have the *ermAM* gene, and about 25% of macrolide-resistant strains have the *ereA* or *ereB* gene¹¹.

In Japan, large amounts of 14-membered ring macrolides such as erythromycin A, clarithromycin, and roxithromycin are currently used for the treatment of diffuse panbronchiolitis, Helicobacter pylori infection and atypical Micobacterium complex infections. For the treatment of diffuse panbronchiolitis, long-term chemotherapy (longer than 6 months) with erythromycin A, roxithromycin, or clarithromycin with doses of 400~600 mg/day can improve clinical manifestations and restore lung function in patients chronic respiratory infections including with P aeruginosa^{12,13)}.

Such widespread usage threatened the clinical community with the development of macrolide-resistant strains of *Enterobacteriaceae* such as *Escherichia coli*, because intestinal bacteria were exposed to a significant concentration of macrolide over a long term.

The appearance of macrolide resistance among E. *coli* strains recently isolated in Japan and the phenotypes and genotypes of macrolide highly-resistant strains were investigated in this study.

Materials and Methods

Bacterial Strains

Five hundred clinical isolates of *E. coli* were collected at random from 1996 to 1997 in Japan. Three erythromycin A highly-resistant strains producing a macrolide-inactivating enzyme were used as the reference strains. These were MPH (2') I-producing *E. coli* Tf481A^{7,8,14,15)}, MPH(2') IIproducing *E. coli* BM2506^{9,10,17)}, and erythromycin-esterase I-producing *E. coli* BM694/pAT63^{5,18)}. *E. coli* BM2506 and BM694/pAT63 were gifts of Dr. P. C. COURVALIN (Institut Pasteur, Paris, France).

Three erythromycin A-resistant Gram-positive strains were used as controls: *S. aureus* RN1389 which contains an *ermA* gene, *S. aureus* 01A1117 which contains an *ermB* gene, and *S. aureus* RN4220/pEP194 which contains an *ermC* gene. These were gifts from Dr. J. SUTCLIFFE (Central Research Division, Pfizer, Inc., Groton, USA).

E. coli K12W3110*rif* (rifampicin-resistant mutant), *E. coli* ML1410*nal* (nalidixic acid-resistant mutant), *P. aeruginosa* PAO2142Rp (rifampicin-resistant mutant), and *S. aureus* 209P²⁰⁾ were used as standard strains susceptible to macrolides^{7,8,15)}. *E. coli* ML1410*nal*/RP4 and *P. aeruginosa* PAO2142Rp/RP4²¹⁾ were used as donor strains for the transconjugation of drug resistance. *Bacillus subtilis* ATCC6633 was used as the indicator organism for the determination of the potency of the macrolide antibiotics^{7,8)}.

Chemicals

The macrolides used were erythromycin Α, roxithromycin, oleandomycin, triacetyloleandomycin, spiramycin (Sigma Chemical Co., Ltd., St. Louis, MO, USA), leucomycin, josamycin, midecamycin, rokitamycin, and tylosin (Wako Pure Chemical Co., Ltd., Osaka, Japan). Clarithromycin was a gift of Taisho Pharm. Co. Ltd. Azithromycin was a gift from Pfizer Pharm. Co. Ltd., and miokamycin was donated from Meiji seika kaisha Co., Ltd. Other anti-microbial agents (tetracycline, carbenicillin, norfloxacin, kanamycin, and gentamicin) were purchased from Wako Pure Chemical Co., Ltd.

Determination of Minimum Inhibitory Concentrations (MICs)

Minimum inhibitory concentrations (MICs) were determined by the agar dilution method. Hundred-fold dilutions of overnight culture in Mueller-Hinton (MH) broth (Difco Laboratories, Detroit, MI, USA) were inoculated on MH agar plates containing serial two-fold dilutions of macrolides. The MICs were determined after incubation at 37°C for 18 hours^{15,22}.

Detection of Macrolide-inactivating Enzyme by Lysozyme-DNase-RNase (LDR) Assay method

For the detection of macrolide-inactivating enzymes, the LDR assay method was performed as follows^{21,23)}. Washed cells from 6 ml of overnight cultures were suspended in 330 μ l of TMK buffer, 100 μ l of co-enzyme solution (40 mM ATP, 2 mM acetyl CoA, and 40 mM UDPG, or 80 mM GSH), and 50 μ l of antibiotic solution (125 μ g/ml). To this suspension 20 μ l of LDR solution [lysozyme (5 mg/ml), DNase (100 μ g/ml), and RNase (100 μ g/ml)] was added.

The reaction mixture was incubated at 37°C for 20 hours. During the reaction, a 20 μ l aliquot was periodically removed onto a paper disc (8 mm diameter, thin: Toyo Filter Co., Ltd., Tokyo Japan), and heated in a microwave oven (model NE-6200, Matsushita electric industrial Co., Ltd., Osaka, Japan) (2×15 sec) to stop the reaction and subsequently the residual activity was determined by microbioassay.

Preparation of Crude Extract and Enzymatic Inactivation of Antibiotics

A crude extract suspended in TMK buffer (0.01 M MgCl₂, 0.06 M KCl, and 0.006 M 2-mercaptoethanol in 0.1 M Tris-HCl buffer, pH 7.8) was prepared according to the method of O'HARA *et al.*⁸⁾. The protein concentration was measured by the method of LOWRY *et al.*²⁴⁾, with bovine serum albumin as the standard. Enzymatic inactivation by the crude extract of antibiotics was performed according to the method of O'HARA *et al.*⁷⁾. Aliquots of 50 μ l of 40 mM ATP, 50 μ l of each antibiotic (125 μ g/ml), and 400 μ l of the crude extract diluted with TMK buffer were mixed and allowed to react at 37°C for 0, 0.5, 1, 2, 4, and 18 hours. Over the course of the reaction, a 20 μ l aliquot was periodically removed onto a paper disc, heated to stop the reaction, and the residual activity was determined by microbioassay.

Release of Enzyme from E. coli Cells by Osmotic Shock

The release of the enzyme from *E. coli* cells by osmotic shock was performed by the modified method⁸⁾ of NEU and CHOU²⁵⁾ with 250 ml of culture. Detection of β -lactamase, a reference for the release of enzymes in the periplasmic space, was performed by UV spectrometry²⁵⁾ with penicillin G as the substrate.

NMR Spectrometry of Esterase

The NMR spectrometric measurement of the inactivation of macrolide antibiotics by esterase was prepared as follows: 0.1 ml of a suspension of the solution of crude enzyme ($600 \mu g$ of protein), 1 mg of oleandomycin and 0.4 ml of 0.1 M phosphate buffer (pH 7.0) were mixed in a micro centrifuge tube and incubated at 37°C for 0, 1, 2, and 4 hours. The reaction was stopped by heating the mixture at 100°C for 3 minutes. The supernatant was lyophilized after centrifugation of the reaction mixture at 9,000×g, and then dissolved in 0.5 ml of deuterium oxide (D₂O; Merck, Germany) in an NMR tube (5 mm internal dia.).

The ¹H-NMR spectra were recorded with a highresolution 500 MHz Fourier Transform (FT) NMR spectrometer JNM-A500 α (JAOL, Tokyo, Japan). The residual 13-H (at 5.34 ppm) signal relating to the extent of hydrolysis of the lactone ring of aglycone was integrated. The intensity of the signal was compared with that of the 1"-H signal at 5.07 ppm of L-oleandrose. The homogenated decoupling mode of the NMR spectrometer was used for suppression of the HOD-signal at 4.78 ppm^{17~19,26)}.

Transfer of Drug Resistance

Transfer of drug resistance was done by mixed cultivation of donor and recipient, either in nutrient broth or on a membrane filter (Type HA, 0.45 μ m, Nihon Millipore Kogyo K.K., Tokyo, Japan). For the filter mating method, exponentially growing cultures of donor (0.4 ml) and recipient (0.4 ml) were mixed, and the mixed culture was filtered through the membrane filter²⁸.

After overnight culture at 37°C on nutrient agar plates containing both 50 μ g/ml of rifampicin and 200 μ g/ml of erythromycin A, colonies were counted, and the transfer frequency of drug resistance was determined.

Detection of the Macrolide-inactivating Enzyme Gene by PCR Methodology

Primers for ereA, ereB, mphA, ermA, ermB and ermC were used to provide specific PCR products of 420, 546, 837, 645, 639 and 642 bp respectively. The detection method was equivalent to that described by SUTCLIFFE J. et al^{29} . For these experiments, the *ereA* primers were 5'-AACACCCTGAACCCAAGGGACG-3' and 5'-CTTCAC-ATCCGGATTCGCTCGA-3', the ereB primers were 5'-AGAAATGGAGGTTCATACTTACCA -3' and 5'-CATA-TAATCATCACCAATGGCA-3', the mphA primers were 5'-AACTGTACGCACTTGC-3' and 5'-GGTACTCTTC-GTTACC-3'. the ermA primers were 5'-TCTAAAAA-GCATGTAAAAGAA-3' and 5'-CTTCGATAGTTTATTA-ATATTAGT-3', the ermB primers were 5'-GAAAAG-GTACTCAACCAAATA -3' and 5'-AGTAACGGTACT-TAAATTGTTTAC-3', the ermC primers were 5'-TCA-AAACATAATATAGATAAA-3' and 5'-GCTAATATTGTT-TAAATCGTCAAT-3', respectively. Primers for $mphB^{10,23}$ were specifically designed for this study. The *mphB* primers were 5'-GCGATAGAATTCAAGGAGAAATAATATGAC-CGTAGTCACGACCGCCGAT-3' (first 14 bases are the restriction enzyme site, next 12 bases represent the ribosome binding site for cloning, and the final 24 bases are from the structural gene) and 5'-GTTTTCCCAGTCA-CGACGTTGT-3'. The Takara LA PCR kit was used as recommended by Takara Syuzo Co., Ltd. Kyoto, Japan, employing 4 mM MgCl₂ for each primer of the ereA, ereB, mphA, and mphB genes and 2 mM MgCl_2 for each primer of the ermA, ermB, and ermC genes. PCR products were detected and distinguished by electrophoresis on 1% agarose gels in 40 mM Tris acetate-2 mM EDTA buffer.

Strain	14-membered				15-membered			16-membered				
	OL	TAO	EM	CAM	RXM	AZM	JM	LM	MDM	RKM	SPM	TS
M 26	>1600	>1600	>1600	800	>1600	200	>1600	>1600	>1600	>800	>1600	>1600
44	>1600	>1600	>1600	800	>1600	25	400	100	400	50	400	800
160	>1600	1600	>1600	100	400	25	800	200	800	100	800	1600
377	>1600	>1600	>1600	800	>1600	800	800	200	800	100	400	800
499	>1600	>1600	>1600	800	>1600	>1600	>1600	400	>1600	400	800	>1600
560	>1600	>1600	>1600	800	>1600	800	>1600	400	>1600	400	800	>1600
Tf481A ^{a)}	>800 ^{a)}	>1600	800 ^{a)}	400 ^{a)}	800 ^{a)}	100	400 ^{b)}	200 ^{b)}	800 ^{b)}	200 ^{b)}	400 ^{b)}	800 ^b
BM2506	>800 ^{a)}	>1600	800 ^{a)}	200 ^{a)}	800 ^{a)}	50	>400 ^{b)}	>800 ^{b)}	>1600 ^{b)}	>200 ^{b)}	>1600 ^{b)}	>1600 ^b
BM694 /pAT63	>800ª)	>1600	>800 ^{a)}	> 800 ^{a)}	200 ^{a)}	50	800	400	800	400	800	800
W3110rif	200 ^{a)}	400	50 ^{a)}	25 ^{a)}	50 ^{a)}	1.6	200 ^{b)}	200 ^{b)}	200 ^{b)}	100 ^{b)}	200 ^{b)}	200 ^b

Table 1. MIC of macrolide antibiotic against *E. coli* producing a macrolide-inactivating enzyme.

^a From reference 15.

^b From reference 9.

OL: oleandomycin, TAO: triacetyloleandomycin, EM: erythromycin A, CAM: clarithromycin, RXM: roxithromycin, AZM: azithromycin, JM: josamycin, LM: leucomycin, MDM: midecamycin, MOM: miokamycin, RKM: rokitamycin, SPM: spiramycin, TS: tylosin.

Results and Discussion

From the 500 clinical isolates of *E. coli* which were recovered in Japan during 1996 and 1997, six strains (1.2%) were discovered on subculture to be capable of growth on plates containing 1,600 μ g/ml of erythromycin A.

MIC values of various macrolides to these erythromycin A highly-resistant isolates were determined (Table 1). These six strains were highly resistant to all 14-membered ring macrolides. On the other hand, the resistance pattern to 15- and 16-membered ring macrolides was different and on this basis we classified the six strains into 3 groups consisting of strain M26, strains M44 and M160, and strains M377, M499 and M560 respectively.

As an example of the differences, we noted that strain M26 was highly resistant to azithromycin and 16-membered ring macrolides, whereas strains M44 and M160

showed low resistance to 16-membered ring macrolides.

The inactivation of macrolide antibiotics by the erythromycin A highly-resistant strains was investigated by the LDR method using intact cells, LDR solution and various co-enzymes (ATP, GTP, UDPG, NADP and GSH), upon which the reaction of some antibiotic-inactivating enzymes may be dependent as previously reported. It was found that three erythromycin A-resistant (MIC: >1,600 μ g/ml) strains of *E. coli*, M26, M44 and M160, inactivated oleandomycin under the test conditions, independent of coenzyme. These results suggested that strains M26, M44 and M160 had a macrolide-inactivating hydrolase, possibly an esterase. as esterases function independently of any coenzymes.

The remaining three of the six highly erythromycin Aresistant strains (M377, M499 and M560), were found to inactivate macrolide in the presence of ATP. Oleandomycin, inactivated oleandomycin produced by erythromycinesterase I from strain BM694/pAT63, and inactivated

	Strains		Resist	ance marl	ker ^{c)}			
Donor strain	M26	EM	CBPC	TC	GM	KM	NFLX	
	M44	EM	CBPC	TC				
	M160	EM	CBPC	TC		KM	NFLX	
	ML1410nal / RP4		CBPC	TC		KM		
Recipient strain	W3110rif							RFP
Conjugant strain	W3110rif / M26 ^{a)}	EM	CBPC	TC				RFP
	W3110rif / RP4 ^{b)}		CBPC	TC		KM		RFP

Table 2. Liberation of macrolide-inactivating enzyme by osmotic shock method.

^a Selected by erythromycin A (200 μ g/ml) and rifampicin (25 μ g/ml).

^b Selected by tetracycline (25 μ g/ml) and rifampicin (25 μ g/ml).

^c EM; erythromycin A (200 μg/ml), CBPC; carbenicillin (400 μg/ml), TC; tetracycline (25 μg/ml), GM; gentamicin (25 μg/ml), KM; kanamycin (25 μg/ml), NFLX; norfloxacin (25 μg/ml), RFP; rifampicin (25 μg/ml).

oleandomycin from strain M26 were analyzed by ¹H NMR. The 10-H signal of oleandomycin shifted from 3.41 ppm to 2.07 ppm, and the 13-H signal of oleandomycin shifted from 5.32 ppm to 4.22 ppm, in the NMR spectra of both enzymatically inactivated oleandomycin samples. These changes indicated the cleavage of the lactone ring of oleandomycin. Identical changes were seen in the inactivated oleandomycin produced by strains M44 and M160 and these results confirmed that the inactivated oleandomycin from the three strains (M26, M44, and M160) was the same as that from the erythromycin esterase I-producing strain BM694/pAT63. The test data indicated that, for the first time, strains producing the macrolidehydrolyzing esterase enzyme had appeared in Japan.

The transfer frequency of the co-enzyme independent macrolide resistant phenotype was investigated by the membrane filter mating method. Macrolide resistance could only be transferred from *E. coli* M26 to recipient strain W3110rif, and the transconjugant obtained inactivated oleandomycin. Its transfer frequency was 1×10^{-4} , which is the same as the transferable plasmid RP4. Transfer was undetectable, being $< 1 \times 10^{-8}$, for strains M44 and M160.

Strain M26 demonstrated multiple drug-resistance including tetracycline, carbenicillin, kanamycin, gentamicin and norfloxacin (Table 2). The drug resistant phenotype for

tetracycline and carbenicillin transferred with the macrolide resistant phenotype to *E. coli* W3110rif. Macrolide resistance could not be transferred to *P. aeruginosa* PAO2142Rp. These results suggest that the gene encoding for the macrolide-hydrolyzing esterase is located on a transferable R-plasmid in strain M26.

The substrate specificity of the macrolide-hydrolyzing esterase to 12 macrolides was also determined. The relative rates (oleandomycin as 100) of the inactivation of oleandomycin, triacetyloleandmycin, erythromycin A, clarithromycin, roxithromycin, azithromycin, josamycin, leucomycin, midecamycin, miocamycin, spiramycin, and tylosin were 100, 100, 88, 73, 44, 15, <2, <2, <2, <2, <2, <2, and <2, respectively (Fig. 1).

The macrolide-hydrolyzing esterase inactivated 14- and 15-membered-ring macrolide antibiotics, but not 16membered-ring macrolides. It was clear that the enzyme's range of activity included not only older macrolides represented by erythromycin A, but also newer macrolides such as clarithromycin, roxithromycin, and azithromycin. From these results, it was thought that the macrolidehydrolyzing enzyme should be termed a macrolide esterase, rather than an erythromycin esterase.

The location of the macrolide esterase in E. *coli* M26 cells was determined in fractions obtained by the osmotic

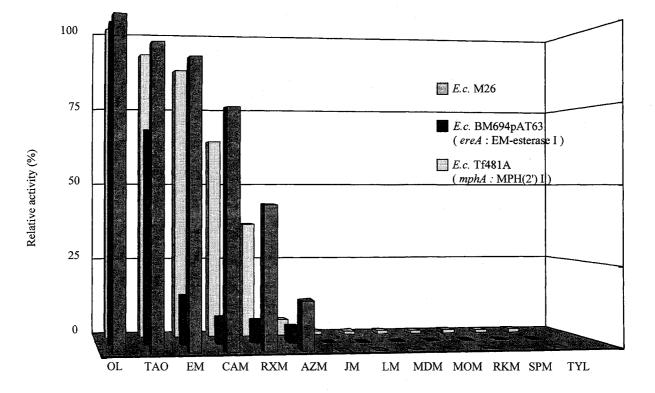


Fig. 1. Substrate specificity of macrolide-inactivating enzyme.

 Table 3. Resistance marker of macrolide-resistant E. coli isolates.

Sample	Relative activity of macrolide esterase (%)	Relative activity of β-lactamase (%)		
1. Supernatant of whole culture ^{a)}	0	0		
2. 0.85% NaCl solution	0	0		
3. Sucrose-Tris-EDTA solution	0	10		
4. Cold water ^{b)}	98	90		
5. Supernatant of sonicated cells ^c	2	0		
6. Cell debris	0	0		

Macrolide (ML)-inactivating activity was measured by determining the amount of remaining oleandomycin in a bioassay. β -lactamase activity was measured as the inactivation of penicillin G determined by the UV spectrometry method.

^a Extracellular enzyme fraction.

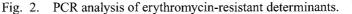
^b Periplasmic-space enzyme fraction.

^c Intracellular enzyme fraction

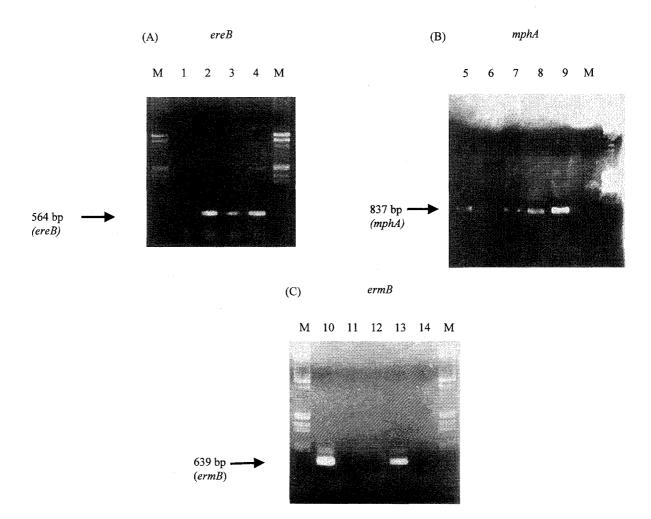
shock method (Table 3). β -Lactamase in strain M26 was used as a reference periplasmic enzyme. The macrolide esterase of *E. coli* M26 was detected in the cold-water fraction (fraction 4), the same as the periplasmic β -lactamase. Thus, it appeared that macrolide esterase was a

periplasmic enzyme.

The macrolide esterase gene was detected by PCR carried out with primers of each of the erythromycin esterase I- and erythromycin esterase II-producing genes (*ereA* and *ereB*, respectively). PCR products from the *ereB*-



(a) PCR products observed using primer *ereB*. (b) PCR products observed using primer *mphA*. (c) PCR products observed using primer *ermB*.



Source of DNA for each lane: lanes 2 and 10, *E. coli* M26, lanes 3 and 11, *E. coli* M44, lanes 4 and 12, *E. coli* M160, lane 5, *E. coli* Tf481A, lane 7, *E. coli* M377, lane 8, *E. coli* M499, lane 9, *E. coli* M560, lanes 1, 6 and 14, *E. coli* W3110*rif*, lane 13, *S. aureus* 01A1117, M, DNA makers.

primer were detected in strains M26, M44 and M160, respectively (Fig. 2), showing that these macrolide esterase genes had a strong similarity to the *ereB*-gene. The results supported the conclusion that, for the first time, an *ereB*-like gene had been detected in Japane and that it had been recovered at a rate of 0.6% from the 500 clinical isolates studied.

In addition, an *ermB*-specific PCR product was detected from strain M26, but not from the others (M44, M160, M377, M499, and M560) (Fig. 2). Our results indicated that the *ere* gene and *erm* gene were present in the same transferable plasmid in strain M26, and one might speculate that both genes may have been transported from Europe¹¹⁾ to Japan.

PCR was also done using probes for the detection of the *mphA* or *mphB* genes. The *mphA* gene was detected from those three strains, M377, M499 and M560, which were coenzyme dependent and which could inactivate macrolide only in the presence of ATP (Fig. 2).

In conclusion, macrolide resistant strains showed a slight increase from $0.5\%^{7}$ to 1.2% of clinical isolates over a period of about 10 years in Japan. And we detected the appearance of the macrolide esterase enzyme in clinical isolates of *E. coli* in Japan recovered in 1996 and 1997. The enzyme was characterized by its ability to inactivate the new macrolides such as clarithromycin, roxithromycin and azithromycin in the absence of co-enzyme. The *ereB* and *ermB* genes were detected in these strains. In addition, the *mphA* gene was detected from three strains of *E. coli*, which elaborated a co-enzyme dependent resistance.

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